

INSURANCE CRITERIA

*This is a summary of the requirements from your insurance company that must be met to obtain approval for surgery. For a detailed list, please contact your insurance company. This list is subject to change without notice from your insurance company. **These requirements only apply if surgery is a covered benefit under your policy.** Some policies will have an exclusion, meaning they do not cover bariatric surgery. If your insurance plan does not cover bariatric surgery or you choose not to meet their criteria, we do have a comprehensive self pay option available. Please speak to one of our staff for details.*

The criteria below are for gastric bypass and gastric banding procedures only unless otherwise noted (we must check with your insurance for coverage of sleeve gastrectomy or duodenal switch. Criteria for revisional procedures, if covered, vary plan by plan and may include additional criteria not listed). Please do not schedule any appointments until advised by our office.

BlueCross Minnesota

BMI 40 or greater OR BMI 35-39 with a co-morbid condition

1. Medical records for past 2 years
2. Diet requirement-Patient must participate in at least 1 medically supervised attempt to lose weight within past 2 years. The medically supervised weight-loss attempt must include 6 monthly medical visits over six (6) consecutive months with all visits under direction of a medical doctor (MD or DO), physician's assistant, nurse practitioner, clinical nurse specialist or a registered dietitian supervised by an MD, DO, PA, NP or CNS. The patient's participation in a structured weight loss program must be documented in the medical record by the attending physician who supervised the patient's progress.
3. Letter from Primary Care Physician
4. Surgeon consult - Dr. Olsen 615-342-5840 or Dr. Dyer 615-342-5830 or Dr. Houston 615-342-5820
5. Psychological evaluation - Athena Consulting 615-320-1155 or Evelyn Frye Center 615-385-4090

Sleeve gastrectomy and BPD/DS are covered procedures on a case-by-case basis

Centennial Center for the Treatment of Obesity

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