

INSURANCE CRITERIA

*This is a summary of the requirements from your insurance company that must be met to obtain approval for surgery. For a detailed list, please contact your insurance company. This list is subject to change without notice from your insurance company. **These requirements only apply if surgery is a covered benefit under your policy.** Some policies will have an exclusion, meaning they do not cover bariatric surgery. If your insurance plan does not cover bariatric surgery or you choose not to meet their criteria, we do have a comprehensive self pay option available. Please speak to one of our staff for details.*

The criteria below are for gastric bypass and gastric banding procedures only unless otherwise noted (we must check with your insurance for coverage of sleeve gastrectomy or duodenal switch. Criteria for revisional procedures, if covered, vary plan by plan and may include additional criteria not listed). Please do not schedule any appointments until advised by our office.

BlueCross Illinois and BlueCross Texas

BMI 40 or greater OR BMI 35-39 with at least two certain comorbid conditions (18 year of age or documentation of completion of bone growth)

1. Medical records for last doctors visit
2. Diet requirement-Medical record documentation of active participation in a clinically-supervised, non-surgical program of weight reduction for at least 3 months occurring within the 24 months prior to the surgery. The program must include nutritional therapy such as a very low calorie diet OR a recognized commercial diet-based weight loss program such as Weight Watchers, Jenny Craig, etc. It must also include behavior modification, counseling and instruction on exercise and increased physical activity, pharmacologic therapy (as appropriate) and ongoing support for lifestyle changes to make and maintain appropriate choices that will reduce health risk factors and improve overall health
3. Psychological evaluation-completed within the 12 months preceding the request for surgery - Athena Consulting 615-320-1155 or Evelyn Frye Center 615-385-4090



Centennial Center for the Treatment of Obesity

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