

INSURANCE CRITERIA

*This is a summary of the requirements from your insurance company that must be met to obtain approval for surgery. For a detailed list, please contact your insurance company. This list is subject to change without notice from your insurance company. **These requirements only apply if surgery is a covered benefit under your policy.** Some policies will have an exclusion, meaning they do not cover bariatric surgery. If your insurance plan does not cover bariatric surgery or you choose not to meet their criteria, we do have a comprehensive self pay option available. Please speak to one of our staff for details.*

The criteria below are for gastric bypass and gastric banding procedures only unless otherwise noted (we must check with your insurance for coverage of sleeve gastrectomy or duodenal switch. Criteria for revisional procedures, if covered, vary plan by plan and may include additional criteria not listed). Please do not schedule any appointments until advised by our office.

UHC River Valley

BMI 40 or greater OR BMI 35-39.9 with certain comorbidities (18 years and older)

1. Medical records for last doctors office visit
2. Diet requirement-Failed medical therapy including physician-supervised treatment with low calorie diet, lower fat diets, alteration of physical activity patterns, behavioral therapy and pharmacotherapy. NHLBI recommends that at least 6 months of frequent medical visits of at least once per month and preferably more often to supervise combined dietary, physical activity, and behavioral therapy. Lifestyle change strategies should be attempted prior to the initiation of pharmacotherapy. (Documentation of a structured diet program includes physician or other health care provider notes and/or diet or weight loss logs from a structured weight loss program.)
3. Letter of support from primary care physician-which includes the patient's motivation for weight loss therapy, previous history of successful weight loss attempts, family, friends and work-site support, the patient's understanding of causes of obesity and how it contributes to disease and capacity to perform physical activity and time availability for weight loss interventions.

Centennial Center for the Treatment of Obesity

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